

Top tips

Winter and spring are good times to go fishing for rainbow trout. A mud-eye or worm fished under a float is very effective. Commercial dough baits should be fished on the bottom. Lures with silver, gold or pink colouring are all great. Early in the morning or late in the evening are the best times.

You may also like to try fly fishing for rainbow trout. This requires a special rod and type of line and artificial flies are used to imitate a range of insects and other things that trout eat.



Fish by the rules

It's important to know the rules that apply to fishing. These include bag limits and minimum size limits for different types of fish. A bag limit is how many fish you are allowed to keep in one day. A minimum size limit is how big a fish needs to be in order for you to keep it. There are also closed seasons for some types of fish.

To learn more pick up a copy of the free Victorian Recreational Fishing Guide from your tackle outlet, DPI office or visit www.dpi.vic.gov.au/fishing



Go Fishing in Victoria

There are many other types of fish to go fishing for once you have caught a rainbow trout.

For information on other species or other places to fish visit:
www.dpi.vic.gov.au/gofishing



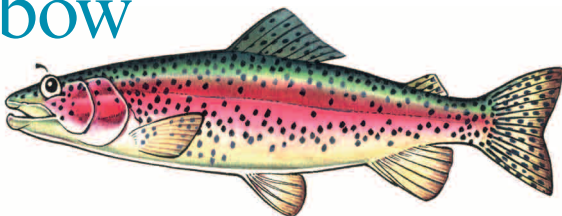
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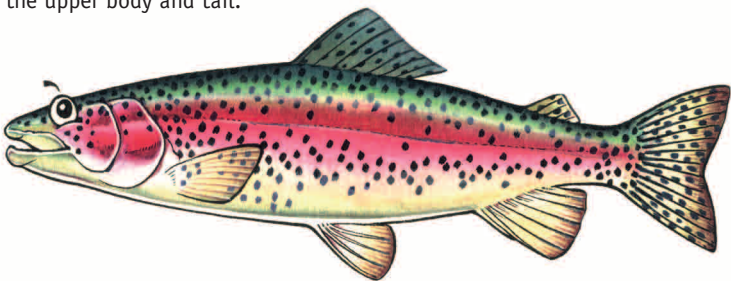
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Let's Go Fishing for Rainbow trout



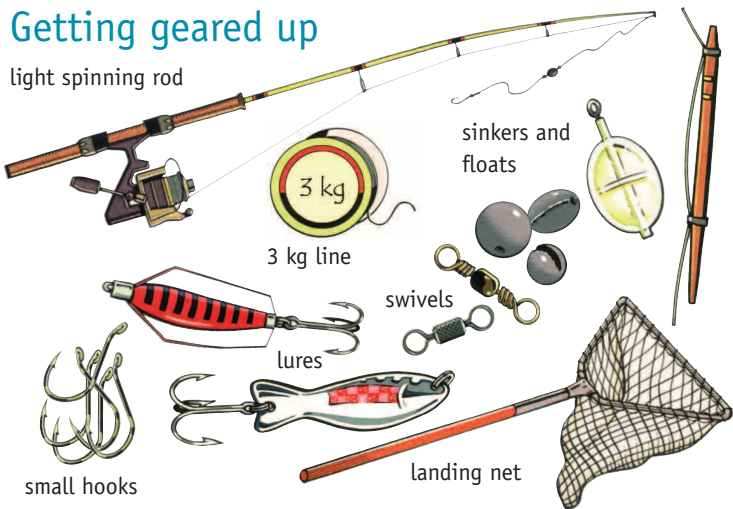
What are they?

Rainbow trout were originally introduced to Australia in the 1890s. Native to North America, they are a freshwater fish and are stocked into many lakes to provide fishing opportunities. You can identify them by a crimson stripe along the side of their body and small black spots on the upper body and tail.



Getting geared up

light spinning rod



3 kg line

sinkers and floats

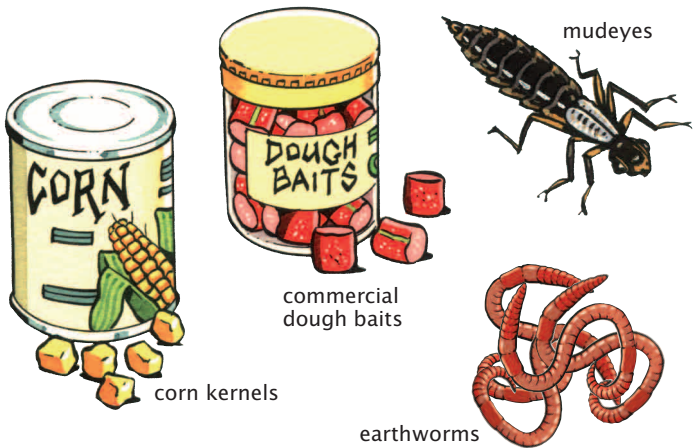
swivels

lures

landing net

small hooks

Great baits



mudeyes

commercial dough baits

corn kernels

earthworms

Select a spot

There are more than 50 Family Fishing Lakes which are stocked regularly with rainbow trout around the second and third term school holidays. Rainbow trout are also found in many rivers and streams.

Hot spots

- Lillydale Lake
- Eildon Pondage
- Kennington Reservoir
- Lake Hyland
- Goulburn River
- Lake Bullen Merri

